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Resources for health workers, community and mother support - where to get help

- WHO/UNICEF Breastfeeding Counselling: a training course. WHO/CDR/93.3-6
- World Health Organization training course materials and technical documents <www.who.int/child-adolescent-health>
- LINKAGES ToT for mother support groups <www.linkagesproject.org/media/publications/Training%20Modules/MTMSG.pdf>
- La Leche League International: useful information on many practical aspects of breastfeeding <www.lalecheleague.org>
- Breastfeeding Women at Work <www.waba.org.my/womenwork/resources.html>

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WBW Coordinating & Distributing Centres

OVERALL COORDINATION

WABA Secretariat P O Box 1200, 10850 Penang, Malaysia
Fax: 60-4-657 2655 waba@streamyx.com • www.waba.org.my

✉ AFRICA

IBFAN Africa P O Box 781, Mbabane, Swaziland
Fax: 268-40 40546 ibfanswd@realnet.co.sz
• www.ibfan.org

IBFAN Afrique 01 B.P. 1776, Ouagadougou 01, Burkina Faso Fax: 226-374 163 ibfanfan@fasonet.bf
• www.ibfan.org

✉ ASIA

WABA Secretariat (See address above)

South Asia - BPNI P O Box 10551, BP-33, Pitampura, Delhi 110088, India Fax: 91-11-2731 5606 bpni@bpni.org
• www.bpni.org

✉ EUROPE

BMA 23 St. Andrew's Street, 2nd Floor, Cambridge, CB2 3AX, UK
Fax: 44-1223-464 417 info@babymilkaction.org
• www.babymilkaction.org

CoFAM / IPA c/o Information pour l'Allaitement, 52 rue Sully, 69006 Lyon, France Fax: 33-478 930 268 roques.nathalie@wanadoo.fr
• www.cofam2002.free.fr

GIFA C.P. 157, CH 1211 Geneva 19, Switzerland
Fax: 41-22-798 4443 info@gifa.org • www.gifa.org

AGB Untere Maschstrasse 21, D-37073 Gottingen, Germany
Fax: 49-551-531 035 info@babynahrung.org
• www.babynahrung.org

✉ LATIN AMERICA

CEFEMINA Apartado 5355, 1000 San Jose, Costa Rica
Fax: 506-224 3986 cefemina@racsa.co.cr • www.cefemina.or.cr

Origem Group Av. Beira Mar, 3661 Lj. 18, Casa Caiada - Olinda - PE CEP 53030 - 540 - Brazil Fax: 55-81-34327701
origem@aleitamento.org.br • www.aleitamento.org.br

✉ NORTH AMERICA

LLL International 1400 N. Meacham Road Schaumburg, IL 60173-4840 - USA Fax: 1-847-519 0035 lllhq@llli.org
• www.lalecheleague.org

INFAC Canada 6, Trinity Square, Toronto, ON M5G 1B1 Canada Fax: 1-416-591 9355 info@infactcanada.ca
• www.infactcanada.ca

✉ PACIFIC

ABA P O Box 4000, Glen Iris, VIC 3146, Australia
Fax: 61-3-9885 0866 info@breastfeeding.asn.au
• www.breastfeeding.asn.au

Pacific c/o Christine Qusted, Nutrition Centre, Ministry of Health, Private Mail Bag, Apia, Samoa Fax: 685-218 70
nutrition@health.gov.ws

Your local contact:



infobycountry/index.html>. Information on breastfeeding is also available at <www.unicef.org/nutrition/index_action.html>.



The World Alliance for Breastfeeding Action (WABA) is a global network of individuals and organisations concerned with the protection, support and promotion of breastfeeding. WABA action is based on the Innocenti Declaration, the Ten Links for Nurturing the Future and the Global Strategy for Infant & Young Child Feeding. Its core partners are International Baby Food Action Network (IBFAN), La Leche League International (LLL), International Lactation Consultant Association (ILCA), Wellstart International, Academy of Breastfeeding Medicine (ABM) and LINKAGES. WABA is in consultative status with UNICEF and an NGO in Special Consultative Status with the Economic and Social Council of the United Nations (ECOSOC).